

Safety Rules Explained

HEALTH & SAFETY



Book Builder

Overview

Students explain the reason behind a safety rule they are expected to follow, turning obedience into understanding.

Steps for Teachers

1. List the safety rules students are given at school, at home and on the road
2. Each student picks one rule they have never had explained
3. Students research WHY the rule exists and what it prevents
4. Students plan pages: the rule, the danger it prevents, how it works, when it matters most
5. Students write each page explaining the mechanism, not just repeating the rule
6. Students illustrate the hazard safely – staged photographs or drawings, never a real risk
7. Students teach their rule to a younger class using the book

Example

A student explains why you hold the handrail on stairs. The book shows that a foot only needs to land two centimetres short to start a fall, and that a hand already on the rail stops it in a fraction of a second – far faster than you could reach for it after you slip.

Grading Rubric

Criteria	Excellent	Proficient	Developing
Explanatory Accuracy	The mechanism behind the rule is correct and clearly explained	The explanation is broadly right but hand-waves the mechanism	The book restates the rule without explaining it
Age-Appropriate Framing	Risk is presented calmly and proportionately	Mostly measured with one alarming page	Framing is frightening or dismissive
Safe Illustration	All images are staged or drawn; no real hazard was created	Images are safe but one implies unsafe behaviour approvingly	Images show genuinely unsafe acts
Book Craft	Text is easy to read, art supports every page, and the layout is consistent throughout	Pages are readable with some crowding or uneven placement	Text overlaps art or is hard to read; layout is inconsistent